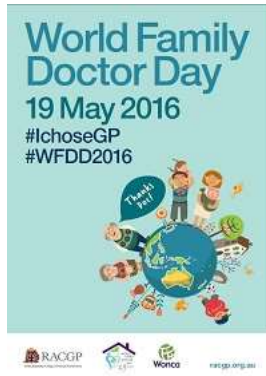


WORLD FAMILY DOCTOR DAY 2016

Activities Report

Australia



The RACGP is asking GPs to reflect upon why they chose general practice, and share their thoughts online using the dedicated hashtag #IchoseGP.

They asked members to:

- Display the RACGP **World Family Doctor Day poster** in your practice for all your patients to see (download below).
- Use the **#IchoseGP because.... poster** to tell your patients and colleagues why general practice is the best specialty (download below). Upload your pictures to social media using the hashtag #IchoseGP.
- Host a World Family Doctor Day morning tea in your practice and share your photos on the RACGP [Facebook page](#), or tweet @RACGP using the hashtag #IchoseGP.

Bahrain

Let us first start by wishing you all the best on the occasion of the World Family Doctors Day. On this occasion, the department of Family and Community Medicine of the Arabian Gulf University has celebrated the day by inviting all its faculty members.



The ceremony included the following:

1. A welcome and a briefing speech by the chair, Professor Faisal Alnasir about Family Medicine
2. A word from all members
3. Certificate of appreciation were distributed
4. I gave a poet about family doctors
5. A cake was cut
6. Journalists were invited to cover the occasion and publish it in the newspaper
7. Group photos were taken



Bangladesh

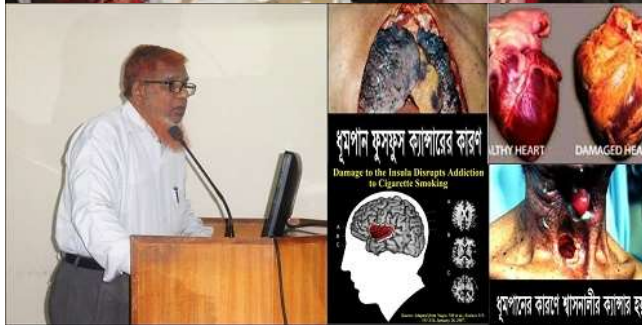
Bangladesh Academy of Family Physicians



The Bangladesh Academy of Family Physicians has celebrated the World Family Doctors Day 2016. In 2014 we observed the day for the first time in Bangladesh. This time we have chalked out a new logo for the WFDD [Figure 1], anyone interested may use it for their own program. We also prepared a flair for this purpose. The Board of Governors of the Academy arranged an extended meeting for this purpose. We discussed about significance of the day, enjoyed food and took group photographs [Figure 2].

Second phase of the programme will be organized on 27 May 2016, last Friday of the month. There will be a rally at 8.00 am sharp. Not only the members and doctors, rather family members of the doctors and other enthusiastic local people shall

join and enjoy the rally. We are making local people aware about the FDD-2016, people are very much curious and they are asking us about the significance of the day. At the end of the rally we shall enjoy breakfast together. The Academy will organize a discussion on WFDD at 9.00 am. We shall talk about the WFDD. Prof. Kanu Bala will deliver a lecture on 'Management of Tuberculosis in Family Practice'. Photograph of this be sent later as supplement.



Comilla Programme: Comilla is a district town about 150 km from Dhaka. Members of the Academy of that town have arranged a meeting to celebrate WFDD. Vice-President of the Academy Dr. AKM Abdus Salim discussed about the day. Enthusiastic members joined the meeting.

Narayanganj Programme: narayanganj is another district town about 30 km from Dhaka. Family physicians of that town under the guidance of Prof. Md. Nurul Islam, former WONCA Regional President, celebrated the WFDD. Prof. Islam delivered a lecture on tobacco control [Figure 3]

Croatia

Croatian association of family medicine

The Croatian association of family medicine has developed posters for GPs to display in practice waiting rooms. There is also a poster for GPs to download on our official website. We want GPs to download and print the poster on May 19 and post a photo of themselves holding the poster on social media. We also made also made flyers for patients to remind them about the benefits they'll get if they quit smoking. We want that GPs on this day encourage patients to stop smoking and provide support to help them. We present the poster and flyers at our conference where we will hold a spirometry workshop. We will talk about COPD and how to help our patients to quit smoking.



Egypt

Egyptian Family Medicine association (EFMA)

The Egyptian Family Medicine Association (EFMA) will celebrate World Family Doctor Day 2016 with a series of activities in collaboration with the family medicine department of Menoufia University and the Al Razi Young Doctors' Movement:

- Community awareness sessions for the importance of family practice in the in Munshaat sultan PHC to the community on 9th -10th May 2016
- Family physician practice improvement scientific day on 22nd May in Menoufia Medical syndicate. Prof Taghreed Farahat is going to give a lecture on family practice between reality and improvement.
- Family physician scientific day on 29th May in Cairo



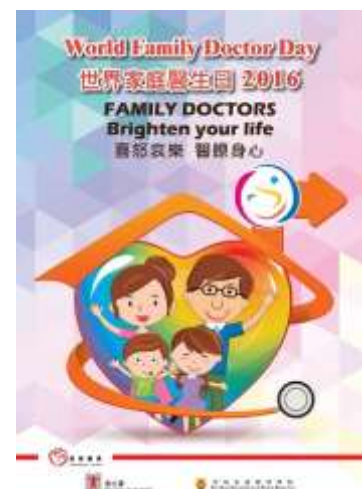
Hong Kong

Hong Kong College of Family Physicians

A special public event will be held on Sunday, May 15, 2016 to celebrate this special day for family doctors.

The theme of the event will be the role of Family Doctor in helping patients with various life events, sharing their joy and stress at important moments of their life, and coping with the stress/ mental health problems in other situations.

Activities for the event will include a sharing session by a Family Doctor with his/her patients on various psychological and health issues, and an interactive session with the audiences on the special role of the family doctor in helping patients with stress management and encouragement of positive thinking.



India

Academy of Family Physicians of India (AFPI)

1. Organising awareness camps on smoking cessation at many work places of AFPI members
2. A TV show on the concept of Family doctor to be telecasted nationwide in Door Darshan (National TV channel)





الرابطة الكويتية لطب العائلة والممارسين العاميين
KUWAIT ASSOCIATION OF FAMILY & GENERAL PRACTITIONERS



19 مايو - يوم طبيب العائلة العالمي
كل عام وأنتم بخير

Kuwait

Kuwait Association of Family & General Practitioners

Activities included:

Poster about family doctor day and no smoking

Video about Family doctors role in Kuwait

<https://youtu.be/2p4zpLcPEfs>

Workshop in collaboration with WONCA / EMRO



Myanmar

Myanmar Medical Association, Yangon

This Year, Myanmar organized this activities in both two big cities "Yangon and Mandalay "

In Mandalay, They also have "Smoking Cessation Activities" together with Photos Presentation Show of Mandalay GPs Society's activities.



Morocco

National Collective of Moroccan General Practitioners

New WONCA member, Morocco celebrated on 22 May.

They celebrated the same time and day and did the flowers like Al Razi Young Doctors' movement for East Mediterranean region.



Nepal

General Practice Association of Nepal (GPAN)

GPAN celebrated May 19 again as it has always done but this year WONCA South Asia region President, Pratap Prasad welcomed the WHO representative to Nepal, Dr Jos Vandelaer (see photo). He is from Belgium and before joining WHO he practiced as a GP in his country Belgium. He produced a statement for World Family Doctor Day in which he said of family doctors



“When a medical problem hits, Family Doctors, or General Physicians as they are sometimes called, are in many instances the professionals that are called upon first. The reason is that the Family Doctors are often the trusted confidants of the patient, and very often also of the patient’s family. They know their patients’ issues better than anyone, because they are regularly in contact with patients and with their family. In some ways, they are part of the “family”. Their role in “first line” medicine is key: they make the first decisions around diagnosis, treatment, referral, and advise on support from family and environment. They are very well placed to take a “holistic” approach to medicine.”

He went on to say that 19 May was “an opportunity to applaud the work done by hundreds of thousands of Family Doctors around the world.”



Pakistan

College of Family Medicine Pakistan

We celebrated “World Family Doctor Day” at the National Institute of Child Health NICH auditorium on 22nd May 2016. The event was well attended by family physicians, members of academia, the young family physicians of the spice route, and senior members of the including Dr Aziz Khan Tank who was paid tribute by the audience by a standing ovation. The event was covered by media including coverage on national TV.



Keeping with this year's theme: "Smoking Cessation," A CME lecture was arranged by the College. Prof Javaid A Khan, a renowned pulmonologist and academician presented the evils and perils associated with smoking emphasizing that the doctors must never smoke. The Guest of honor Mr Tariq Wajid, a well known corporate guru, most sought after for his ethical outlook, presented some concrete suggestions for curbing the menace from our society. The Secretary General of the College Dr Shehla Naseem announced that the CFMP website would display prominent anti-smoking messages.

Each year the CFMP pays tribute to Family Physicians, national or international, who have excelled in supporting, developing and enhancing the standards of Family Medicine, by "Excellence in Family Medicine Award." This year the CFMP awarded the Excellence in Family Medicine Awards to Professor Michael Kidd, the President of WONCA, Prof Garth Manning the Secretary General of WONCA, and Dr Preethi Wijegunawardena from Sri Lanka.

The College presents the "Friends of Family Medicine Award" to people in acknowledgement of their ethical support to CFMP. This year the "Friends of Family Medicine Award" was given to Mr Tariq Wajid, and Dr Ashgar Naqvi.

Dr Naseem paid tribute to all her colleagues who were providing healthcare in far flung areas of Pakistan. She thanked the organizing committee and praised the efforts of her team on conducting the academic activities of the college to update the family physicians by CME and training. CFMP has been raising voice at different levels for the security, safety and well being of family physicians and providing ethical educational programs at affordable cost to the family physicians across Pakistan. The vote of thanks was presented by the joint secretary Dr Abdul Ghafoor Shoro.

The program concluded by distribution of art materials and toys amongst the in-patients of the National Institute of Child Health (NICH), by the members of CFMP.

Philippines

Philippine Academy of Family Physicians (PAFP)

The Philippine Academy of Family Physicians had the celebration of the World Family Doctors' Day from May 19-22, 2016 in the key regions of the country such as Pampanga, Davao, Cebu and Metro Manila. This year we launched the "Kalusugan ng Pamilya mo, alaga ko" project which is in line with the new PAFP mission which is PAFP C.A.R.E.S.

This included, lay fora for smoking cessation, wellness activities such as screening, health promotion, fitness activity, motorcade and raising awareness on the role of Family Medicine doctors in the community.

PAFP Mission CARES

C omprehensive, coordinated, patient-centered, family focused care

A dvocacies for the welfare and rights of the Filipino families

R esearch and evidence-based family practice

E xcellence in education and training

S ervice to members

Some chapters conducted environmental projects and health education. The different accredited training programs conducted health education to families and career orientation in family Medicine for medical students. Radio and television guesting was done as well as newspaper publication to increase awareness on the vital role of Family Medicine doctors in the society. The culminating activity on May 22, 2016 at the Cultural Center of the Philippines grounds to engage the Filipino families as well as collaborate with the Department of Health and government officials. Program of



activities included zumba for the families and doctors, motorcade around Manila, Inspirational messages, booths for wellness program, lay fora on smoking cessation, video on the role of Family medicine doctors and pledge of commitment from the various stakeholders.

Motorcade



Portugal

Portuguese Association of General Practitioners

A very special celebration, dedicated to physical activity promotion and smoking abstinence

Several hundred Portuguese family doctors and Family Medicine residents, divided into more than 80 groups, duly celebrated World Family Doctor Day 2016 (WFDD2016) on May 19. The activities organized by these groups covered over 60 towns and cities, all over the country, actively involving the communities in a series of events devised to promote regular physical activity and smoking abstinence/cessation.

In the city of Leiria, for example, bystanders were invited to play "Let's roll down tobacco!", a sort of bowling game in which the pins are shaped in the form of a cigarette. Later on in the afternoon, one of the city's central squares came to life, thanks to a Sh'bam class (dance-based workout).



In another city, Cartaxo, a group of health professionals from Family Health Unit Terra Viva invaded the town hall square, challenged the locals to try some dance routines and possibly trade a cigarette for healthy food. The success of the enterprise was guaranteed through important partnerships with the municipality and a local company, that allowed the group to distribute organic ice creams and other tasty (but healthy) delicacies.



The Cova da Beira region (Central Portugal) was another part of the country where WFDD2016 was celebrated with excitement. Local family doctors and FM residents cooperated with a renowned recreational and cultural institution, in order to offer a traditional ball to senior citizens, as well as a healthy mid-afternoon snack. The gathering was also vital to handout brochures with advice on healthy lifestyle and a balanced diet.

Further to the south, in the capital (Lisbon), a very large group of volunteers took over one of the biggest city parks (Parque das Conchas) and asked everyone who walked by to

joined them in a mega zumba class. Not very far, in Family Health Unit São João do Estoril, the population was invited to take part in a seaside stroll, complemented with an information session focused on the risks associated with tobacco consumption. Neighbouring Family Health Unit Costa do Estoril went for a different approach: a flash mob in the waiting room!

Coimbra was one of the “hotspots” of WFDD2016. Amidst many community events planned to get young and old people moving and thinking about the negative impact of smoking (almost all of these events taking place in parks and leisure areas around the Mondego river), a particular ceremony stood out: the unveiling of a sculpture called “For hope...”, dedicated to all family doctors and located in one of the city's busiest roundabouts.

This is just a brief overview of all the activities that happened during WFDD2016 in Portugal, where the national and local media coverage of the events and the importance attributed to the date were also noticeable.

In fact, precisely on May 19, several Health Ministry senior officials revealed to the press that the government acknowledged the temporary shortage of family doctors in certain regions and that steps are being taken to ensure that the problem will be mitigated by the end of next summer.



Republic of Srpska

Association of family medicine doctors of the Republic of Srpska



“Think of your health and the health of your families”

The Association of the Republic of Srpska celebrated the international day of family doctors through a symposium, which took place in historical attire city Ivo Andric on 19 May 2016.

The Minister of Health and Social Welfare, Dr Dragan Bogdanić took part in the symposium as well as guests from Queens University in Kingston, Canada, the national coordinator for the smoking cessation in the Republic of Srpska as well as eminent lecturers from the Department of Family Medicine Banja Luka and Foca .

Also, as part of the promotion activities of the association, in the market Andric Town



over a period of 12 hours, volunteers and family medicine teams of Visegrad measured health parameters of citizens (blood sugar and blood pressure) and shared the information leaflets about the dangers of smoking, which is a global theme of the World Family Doctor Day in all member states associated with WONCA.

Romania

National Centre for Studies in Family Medicine

Happy WFDD!

On May 19th the Romanian National Society of Family Medicine prepared two Press Releases to mark the World Family Doctors Day and our involvement in better healthcare for all.

The first press release was prepared by the respiratory working group (RespiRo) following the theme selected by WONCA for 2016 - smoking cessation. The press release is available on SNMF's website, in Romanian

http://www.snmf.ro/noutati/19_05_2016_comunicat_de_presa_grupul_respiro.htm

The second press release is about the petition launched by SNMF on World Health Day (April 7th) calling for solidarity for health. The press release announces that 38.596 patients and healthcare professionals signed the petition in just 6 weeks in family medicine offices all over Romania, and another 2.482 signatures were collected online. As scheduled, the first announcement about the number of signatures was made on World Family Doctor Day. Signatures continue to be collected until June 30th and a second announcement will be made on Romanian Family Doctors Day, July 4th. The petition asks for respect for patients and doctors from politicians, better access, reduced bureaucracy, improved e-Health nationwide system, increased funding and the approval and implementation of the Strategy for Health and Strategy for Primary Care.

The petition can be read in English and Romanian on www.snmf.eu

Taiwan

Chinese Taipei (Taiwan) Association of Family Medicine

This year, we designed a new poster to celebrate the special day for family doctors in the world. In the past two months, we have used every opportunity such as seminars, meetings etc. to post this poster.

We will hold a premiere and press conference for the film entitled 'A day of Family Doctor Part II-' on May 15. As we are going to celebrate our Pearl Jubilee Anniversary in July, the theme of press conference will be "Thirty Years' Glory, Family Doctors go". The aim is not only to celebrate the Pearl Jubilee Anniversary but also to emphasize the role of family physicians and their contributions in promoting the health of people.

Attached the poster of this year for your reference. I suppose to mail you the photos next Monday

On this past Sunday, May 15th, we celebrated the 2016 World Family Doctor Day as previous years.

The movie "A Day in the Life of a Family Doctor,

Part II" was premiered during the function.

Press conference gathering



Turkey

Turkish Association of Family Physicians – TAHUD

The University Education and Research Hospital Family Medicine Department in Izmir, Turkey send s this report on TAHUD activities in their city.

World Family Doctor Day (WFDD) is more meaningful for Turkish family physicians because it coincides with Commemoration of Atatürk, Youth and Sports Day, which is an important national day, represents beginning of independence war of Turkish people. This year, we have organized an event to discuss the things to develop our discipline at the future and to increase awareness about smoking cessation that declared as the concept of this year by WONCA and to celebrate this special day all together.



This year on the behalf of TAHUD event organizing group, third activity to celebrate WFDD was organized in Turkey. For preparations, we designed special t-shirts and banners and announcements were made by social media links (like facebook, instagram, twitter, google groups). This year, we



organized a cableway tour and breakfast activity and celebrated this special day with perspective of life without smoking with our colleagues and patients.

We came together nearby the cableway in Balçova with our colleagues and patients at 9pm on 19 May. We dressed the t-shirts and made a cableway tour with the gorgeous view of Izmir. After that we continued with breakfast and during breakfast, we had discussions and shared experiences with each other. We gave the smoking cessation guidelines and some oral information to the participants. After a beautiful day with special moments, we promised to come together at the same day next year.

This year we have organized a visit to Nursing Home

residents to emphasize this feature of our speciality.

The Nursing Home named “Darülâceze” was a historical building which was built in 1895 by Sultan 2th Abdülhamit. It was almost 27000 km² area. There are one mosque, one synagogue and a big garden in the middle of the buildings. Till today approximately 72000 person lived there. Now, nearly 600 homeless elderly and 50 children’s sheltering and medical care were covered by the state regardless of their religion, language and race.

The elderly people were so happy with our visit and small gifts. Also to listen their experiences, their life stories and see their wonderful handmade products; to hold and love an orphan child made us happy.

As WONCA determined this year’s theme as “quit smoking”, activity was carried out to increase awareness of community and physicians for smoking cessation in Turkey as well. In future, we wish to increase the number of activities for this special day across the country and celebrate it in a better manner.



USA

American Academy of Family Physicians (AAFP)

The AAFP has released a series of videos
A message from the President of the AAFP
(photo)

<https://www.youtube.com/watch?v=doxPEAz48SE>

Other thank you videos

https://www.youtube.com/watch?v=o-el4_MXZjc

<https://www.youtube.com/watch?v=0gCduoZm-Lo>

<https://www.youtube.com/watch?v=nnNVEgkTzpc>

<https://www.youtube.com/watch?v=ONB8u0O2XtE>



Venezuela

Sociedad Venezolana de Medicina Familiar

Actividad científica, se trataran tópicos como prevención cuaternaria, manejo de malas noticias, valoración integral del adulto mayor, terapia de pareja, valoración del sintomático respiratorio, analgesia en APS

Scientific, topics such as quaternary prevention, breaking of bad news, comprehensive assessment of older adults, couples therapy, assessment of respiratory symptoms, analgesia

Photo 1 jornada medicina familiar / Family Doctor Day

Photo 2 medicina familiar - una especialidad resiliente en epoca de crisis / family medicine - a resilient specialty in times of crisis

